Healthy Families New York (HFNY) is an evidence-based home visiting program offering services to expectant and new parents, beginning weekly and decreasing over time, until the child starts school or Head Start. HFNY is open to first-time parents, as well as parents with multiple children, who are pregnant and/or have at least one child less than 3 months old.

HFNY is relationship-based, trauma-informed, culturally humble, family centered, and strength-based. Home visitors develop healthy relationships with families and partner with parents to support them in responding in a sensitive and in a nurturing manner to their young children through various program activities.

OCFS also funds additional community-based child abuse prevention programs. These include Family Resource Centers, home visiting programs, parenting education programs, and clinical family support programs that are evidence-based or evidence-informed.

They work in partnership with other community agencies and parents to assist families in their caregiving roles, strengthen informal supports, offer resources directly or through referrals, and promote community investment. These services build on protective factors that research shows can reduce child abuse and neglect.
By the end of May, home visitors completed 187 Parent Surveys, with 138 new families enrolled in services.

Home visitors completed over 4,400 home visits during this time.

55% of visits lasted more than 45 minutes.

45% of visits lasted 30-44 minutes.

Home visitors provided nearly 2,700 referrals.

By mid July, 58% of the referrals resulted in families receiving services or had services pending.

Nutrition-based service referrals accounted for 21% of the referrals in May, with Health Care and Counseling/Support Service referrals accounting for 15% of the referrals each.

In the month of May, these 35 community-based programs served over 740 people.

Over 4,200 services were provided to participants.

Half of families received family support and coaching and 56% received information or a referral.

Many families continued to receive formal and informal parenting education as well as help with basic needs.