



Office of Children and Family Services

Status Report

Community-Based Prevention Programs

April
2020

Release Date: June 15, 2020

Healthy Families NY

<https://www.healthyfamiliesnewyork.org/>

Supporting Families Right From the Start

Healthy Families New York (HFNY) is an evidence-based home visiting program offering services to **expectant and new parents**, beginning weekly and decreasing over time, until the child starts school or Head Start. **HFNY** is open to first-time parents, as well as **parents with multiple children**, who are pregnant and/or have **at least one child less than 3 months old**.

HFNY is **relationship-based, trauma-informed, culturally humble, family centered, and strength-based**. Home visitors develop healthy relationships with families and **partner with parents** to support them in responding in a sensitive and in a nurturing manner to their young children through various program activities.

Other Prevention Programs

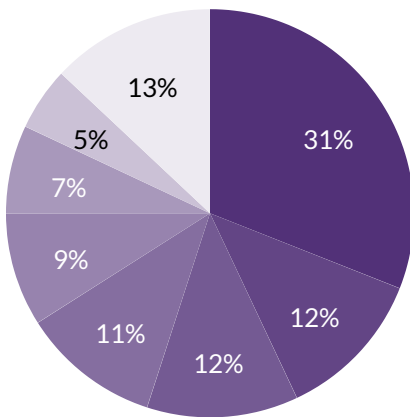
Strengthening Families and Communities

OCFS also funds additional **community-based child abuse prevention programs**. These include Family Resource Centers, home visiting programs, parenting education programs, and clinical family support programs that are **evidence-based or evidence-informed**.

They **work in partnership with other community agencies** and parents to **assist families** in their caregiving roles, **strengthen informal supports**, offer resources directly or through **referrals**, and **promote community investment**. These services build on **protective factors** that research shows can **reduce child abuse and neglect**.

Healthy Families NY

Service Referrals

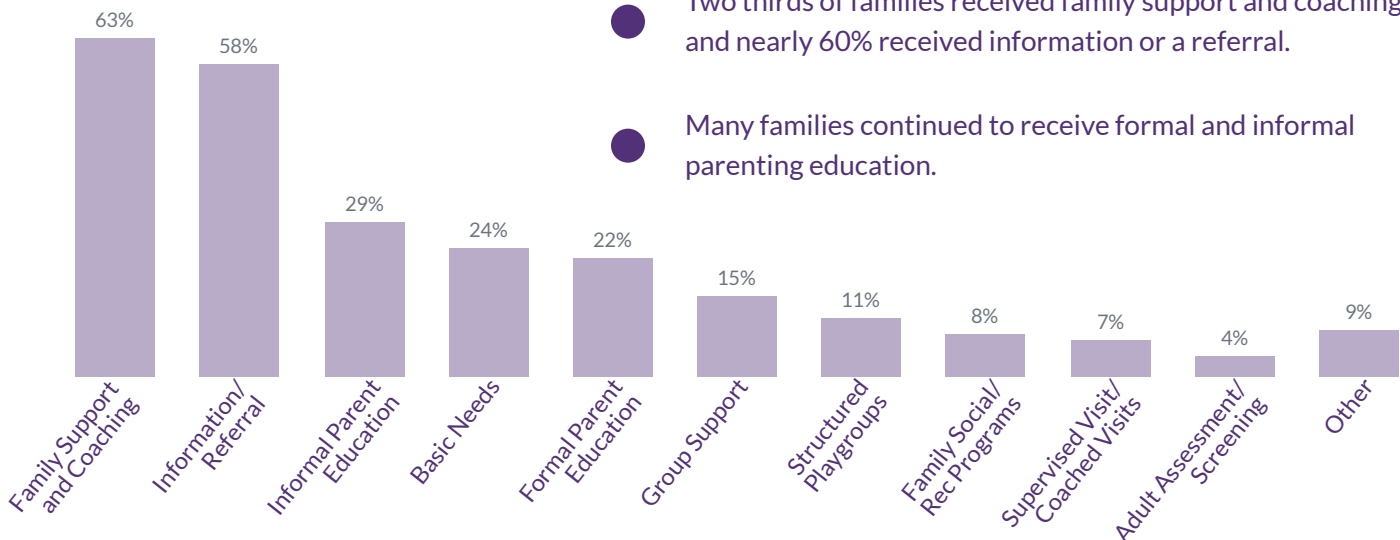


- Nutrition (31%)
- Concrete Services (12%)
- Counseling / Support Services (12%)
- Health Care (11%)
- DSS / HRA (9%)
- Family/Social Support Services (7%)
- Employment, Training and Education (5%)
- Other Services (13%)

- By April, all 44 of our programs had transitioned to virtual home visits either over the phone or with interactive video conferencing using platforms like Zoom, Google, and WhatsApp.
- HFNY Home Visitors completed over 4,500 home visits during this time.
- 54% of visits lasted more than 45 minutes.
- 46% of visits lasted 30-44 minutes.
- Family Support Specialists provided more than 2,700 referrals.
- By the end of May, nearly a third of referrals resulted in families receiving services.
- Nutrition-based service referrals were the main focus during this time, accounting for 31% of referrals.

Other Prevention Programs

Services Provided



- In the month of April, these 35 community-based programs served over 670 people.
- Over 4,700 services were provided to participants.
- Two thirds of families received family support and coaching and nearly 60% received information or a referral.
- Many families continued to receive formal and informal parenting education.