Healthy Families NY
https://www.healthyfamiliesnewyork.org/

Supporting Families Right From the Start
Healthy Families New York (HFNY) is an evidence-based home visiting program offering services to expectant and new parents, beginning weekly and decreasing over time, until the child starts school or Head Start. HFNY is open to first-time parents, as well as parents with multiple children, who are pregnant and/or have at least one child less than 3 months old.

HFNY is relationship-based, trauma-informed, culturally humble, family centered, and strength-based. Home visitors develop healthy relationships with families and partner with parents to support them in responding in a sensitive and in a nurturing manner to their young children through various program activities.

Other Prevention Programs

Strengthening Families and Communities
OCFS also funds additional community-based child abuse prevention programs. These include Family Resource Centers, home visiting programs, parenting education programs, and clinical family support programs that are evidence-based or evidence-informed.

They work in partnership with other community agencies and parents to assist families in their caregiving roles, strengthen informal supports, offer resources directly or through referrals, and promote community investment. These services build on protective factors that research shows can reduce child abuse and neglect.
By April, all 44 of our programs had transitioned to virtual home visits either over the phone or with interactive video conferencing using platforms like Zoom, Google, and WhatsApp.

HFNY Home Visitors completed over 4,500 home visits during this time.

54% of visits lasted more than 45 minutes.

46% of visits lasted 30-44 minutes.

Family Support Specialists provided more than 2,700 referrals.

By the end of May, nearly a third of referrals resulted in families receiving services.

Nutrition-based service referrals were the main focus during this time, accounting for 31% of referrals.

In the month of April, these 35 community-based programs served over 670 people.

Over 4,700 services were provided to participants.

Two thirds of families received family support and coaching and nearly 60% received information or a referral.

Many families continued to receive formal and informal parenting education.