



My Rights in Foster Care

To Be Safe and Have What I Need



A safe home with food, clothes and support.

To See and Talk to People I Care About



Visit and talk with my family.

To Be Healthy



Get medical care and services as often as I need.

To Be Informed and Involved



Know important information about myself, the people who help me, and my options and choices in foster care.

To Develop Myself



Go to school; participate in after-school activities, events and sports; participate in summer activities; have work experiences; and practice my religion and culture.

To Be Treated Fairly



Discipline is age-appropriate and not harmful. I am not discriminated against or treated differently.

My Caseworker and my lawyer can help me with any of my rights.