

SAFE CLEANING: BODY FLUIDS



Body fluids such as:

**Vomit • Diarrhea
Blood • Urine**

contain germs that can make you and the children in your care sick!

CLEANING: Best Practices

Be Prepared With a Cleanup Kit

Keep the cleanup kit accessible in a safe place that children cannot access.

The Cleanup Kit Should Include:

- Garbage bags for any dirty clothes or items.
 - Disposable, non-latex gloves.
 - General cleaning solution (¼ cup bleach per 1 gallon of water).
- Sanitizing solution for food-safe surfaces (1 tablespoon of bleach per 1 gallon of water).
 - Surface disinfectant wipes.
 - Paper towels.

Caring for the Child

1. Wear disposable gloves (this applies to everyone).
2. Remove child to a safe clean area.
3. Remove all dirty clothes and place in sealed bag.
4. Clean child thoroughly and dress in clean clothing.
5. Throw away the gloves.
6. Wash your hands and the child's hands.



Office of Children
and Family Services