

# I Promise to

be your voice when you can't find the words,  
be your advisor when you need assurance,  
be your role model and lead by example,  
be your advocate when you need empowerment,  
be your guide when the future isn't clear,  
be your mentor when you need guidance,  
ask questions instead of assuming,  
be understanding when you feel misinterpreted.



My only hope is that YOU would promise this to others, too.



**Office of Children  
and Family Services**

**Youth Advisory  
Board**

A voice to help create positive changes in Foster Care