Where does she get her information about drinking during pregnancy?

* Her **best friend** says she can have a glass of wine twice a week…
* The **baby book** says she can drink a little bit on special occasions…
* A **magazine** says drinking is fine as long as she doesn’t over do it…

**What about her doctor?**

- She might not ask you,
- She might think she already knows,
- Bring it up
- Nine Months, **NO** alcohol...period!

Counsel women that NO amount of alcohol is safe.

http://www.ccf.ny.gov/FASD/index.cfm