She could be rich or poor. It doesn't matter where she comes from. She still takes the same risk if she drinks alcohol during pregnancy. As many as 1 in every 100 babies are born each year with Fetal Alcohol Spectrum Disorder.

Help her make the right choice - **not** to drink alcohol.

**She'll be glad she did!**

Counsel women that NO amount of alcohol is safe. You may be eligible for reimbursement for screening and brief intervention.

**Screening & Brief Intervention & Referral to Treatment (SBIRT)**

SBIRT is an evidence-based practice model which is proven to be successful in modifying the consumption/use patterns of at-risk substance users and in identifying individuals who need more extensive, specialized treatment. SBIRT is a comprehensive, integrated, public health approach that provides opportunities for early intervention before more severe consequences occur. [http://www.womenandalcohol.org/clinicians.html](http://www.womenandalcohol.org/clinicians.html) and here's a video directed to doctors [http://www.youtube.com/watch?v=BBA4LI6ShZU](http://www.youtube.com/watch?v=BBA4LI6ShZU)