Child’s Cell Phone and Online Safety Contract

I will tell my caregivers about the people I meet online, even if they don’t ask. I won’t answer emails, IMs, messages or friend requests from people I don’t know and/or people that my caregivers haven’t approved.

I will not share my personal information or my caregivers’ or family’s personal information with anyone online. This includes information like: name, address, telephone number, age, or school name. I will not post this information to my profiles even if I think only my friends will see it.

I will not do anything a person online asks me to do unless my caregivers say it’s OK, especially things I know they wouldn’t approve of.

If I see or read things that I think are bad, inappropriate, or mean, I will show my caregivers right away.

I will help my caregivers learn more about the internet and understand what I do and where I go when online.

I will tell my caregivers if I receive pictures or links that I didn’t ask for or that contain inappropriate content, bad, hateful or mean language, or anything that I think might not be right.

I will not call, write to, or meet someone in person who I’ve met online unless my caregivers say it is OK and come with me.

I will treat others the way I want to be treated online. I will be respectful and never pick fights or post mean or threatening words.

I know that my caregivers will supervise where I go online or may use software to restrict some websites, but I understand that they are doing this because they want to protect me online.

I know that if I break the internet rules that my caregivers and I have discussed, they can take away my access to the internet, including my computer and phone, for a specified amount of time.

Adapted from: Family Online Safety Institute: GOOD DIGITAL PARENTING. www.fosi.org/good-digital-parenting