

# How Can Families Acknowledge Providers?

## HOW TO OBSERVE NATIONAL PROVIDER APPRECIATION WEEK

1. **Say thank you** - Simply saying thank you as a mark of appreciation to a childcare professional can make a big impact. It can be a thankless job being a carer who could be supporting those with physical- and mental disabilities as well as children. Send a thank you card, a video message, or even treat a carer you know to coffee or meal.
2. **Gifting time** - Carers, especially those who care for family members, tend to have little time for themselves. Offering them as little as an hour to indulge in some personal time, can be better than any material gift you can offer a carer.
3. **Treat boxes** - Create or buy a box filled with treats a carer will love. Many businesses are willing to donate and give discounts, gift cards, or products to great causes such as this. Even pampering care at home or through retail therapy can relieve the pressures of working in the child care sector.

Source: <https://nationaltoday.com/national-provider-appreciation-day/>

## IDEAS FOR PARENTS/FAMILIES

- Submit a video testimonial thanking your provider
- Write an on-line testimonial
- Get together with other parents/families to create a surprise for your child care provider
- Send flowers, cards or a handwritten note of appreciation
- Work with your child to create a special remembrance
- Buy something for your provider's play area
- Give your provider a paid day off, a raise, or a bonus
- Check to see if your employer provides scholarships for toys, equipment, or training that you can sponsor

Source: <https://providerappreciation.org/become-a-2023-pad-supporter/>

## WAYS TO TELL YOUR PROVIDER YOU APPRECIATE THEM

Fold a sheet of construction paper in half to make a card. Write one of the phrases below on the cover, then add your personalized message inside. Add some stickers to make the card fun and memorable!

1. You inspire me when you...
2. I really appreciate when you...
3. I value what you do when...
4. It is amazing that you...
5. I like the way you handled...
6. It makes me smile when you...
7. It is awesome that you...
8. I love how you...
9. I am thankful that you...
10. Thanks a million for...
11. I appreciate your...
12. You made a great decision when...
13. I respect you when...
14. It was kind of you when...
15. Thank you for...
16. It was wonderful for you to take the time to...
17. It was so thoughtful of you to...
18. You made my day when...
19. The way you handled ... was excellent.
20. I am grateful that you...
21. You are invaluable because...
22. What would I do without you?
23. I appreciate this more than you know.
24. I am moved by your actions.
25. Your help has been invaluable to me.
26. I value your insights.
27. You are the best.
28. You have my gratitude.
29. I appreciate the information you gave me.
30. You rock!

Source: <https://theearlychildhoodacademy.com/appreciate-child-care-staff/>

## PLANT OR ADOPT A TREE TO HONOR YOUR PROVIDER!

Contact your city or town offices to see if there's a program to request a tree be planted, or get permission to plant your own. Write down the address in a gift card, add a picture of the planting, and give it to your provider so they can watch "their" tree grow over the years, just like the kids under their care!

Here are just a few of the resources available:

The NYC Parks and New York Restoration Project: <https://www.milliontreesnyc.org/html/plant/plant.shtml>

In the Albany region: <https://www.adoptatreealbany.com/>

In the Buffalo region: <https://re-treewny.org/>

In the Long Island region: <https://keepnassaubeautiful.org/programs/planting-nassaus-future/>

In the Rochester region: <https://www.cityofrochester.gov/article.aspx?id=8589936665>

In the Syracuse region: <https://savetherain.us/programs/tree-planting-programs/>

In the Westchester region: <https://www.yonkersny.gov/home/showdocument?id=13023>

