

NEW YORK STATE
OFFICE OF CHILDREN AND FAMILY SERVICES
TRANSITION PLAN RESOURCE GUIDE

Essential Documents

Department of Health for Birth Certificates (Only free if requested by the local department of social services)	Birth Certificates - New York State Department of Health (ny.gov)
Department of Motor Vehicles	New York DMV (ny.gov)
Social Security	The United States Social Security Administration SSA

Health Care

Health Care Proxy	New York Health Care Proxy
Medicaid for Out-of-State Former Foster Care	Medicaid to 26 Out of Foster Care
Former Foster Care Youth and the Affordable Care Act and Support Act	Former Foster Care Youth and the Affordable Care Act and Support Act
Contraception Information	Your Life Emergency Contraception Information Planned Parenthood

Education

Free Application for Federal Student Aid (FAFSA) - Can Get PELL Grants	FAFSA® Application Federal Student Aid
Fast Web	Find Scholarships for College for FREE
Tuition Assistance Program – Only for New York State Residents (TAP)	NYS Higher Education Services Corporation - Apply for TAP TAP School Codes - NYS Higher Education Services Corporation - TAP School Codes
Education and Training Voucher (ETV)	NYS Education and Training Voucher Program (smapply.org)
Foster Youth College Success Initiative (FYCSI) <i>FYCSI Consent Form (OCFS-3165)</i> . Please email the consent form to: FCY4College@ocfs.ny.gov	Foster Youth College Success Initiative New York State Education Department (nysed.gov) FYCSI Consent Form
Higher Education Opportunity Program (HEOP)	HEOP Projects and Contact Information New York State Education Department (nysed.gov)
New York State Education Department Website	New York State Education Department (nysed.gov)
Job Corps	Job Corps
The State University of New York - State Colleges (SUNY)	Complete Campus List - SUNY
SUNY Costs and Financial Aid Guide - Guide is updated annually.	SUNY Financial Aid
The City University of New York- City Colleges (CUNY)	Colleges and Schools – The City University of New York (cuny.edu)
Private Colleges in New York	Private Colleges in New York (collegecalc.org) Private Colleges in New York (collegesimply.com)
Individualized Education Program (IEP)	NYS Individualized Education Program (IEP)

Adult Career and Continuing Education Services- Vocational Rehabilitation (ACCESS-VR)	NYS Education Department ACCES-VR
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Housing

Family Unification Program - Voucher (FUP)	Family Unification Vouchers HUD
Foster Youth to Independence - Voucher (FYI)	Foster Youth to Independence HUD
Housing and Urban Development (HUD)	U.S. Department of Housing and Urban Development (HUD)
New York City Housing Authority (NYCHA)	NYC Housing Authority
Tenants' Rights in New York State	Tenants & Homeowners New York State Attorney General

Services

New York State Coalition Against Domestic Violence - Program Phone Number by County (DV)	NYS Domestic Violence Program Directory	
New York State Office for the Prevention of Domestic Violence - Hotline (OPDV)	Office for the Prevention of Domestic Violence Office for the Prevention of Domestic Violence	
Low Income Household Water Assistance Program - Office of Temporary and Disability Assistance (LIHWAP OTDA)	Low Income Household Water Assistance Program (LIHWAP)	Call: 800-942-6906 Text: 844-997-2121
Home Energy Assistance Program (HEAP)	NYS HEAP	
Runaway and Homeless Youth (RHY)- Directory by County	RHY Program Directories Runaway and Homeless Youth Office of Children and Family Services	
Lesbian, Gay, Bisexual, Transgender, Plus - Represents All Other Sexual Identities (LGBTQ+)	CenterLink LGBT Community Member Centers in New York	
Sexual Orientation, Gender Identity and Expression (SOGIE) Desk Aid	A SOGIE Terms Desk Aid	
Youth in Progress	LGBTQ+ Resources	
Supplemental Nutrition Assistance Program (SNAP)	NYS SNAP	

Money Management

Credit Check (Experian, Transunion, Equifax)	Annual Credit Report.com - Home Page Home - CBA - Foster Credit Check	Call: 1-877-322-8228 TTY: 1-800-821-7232
Need to Know Personal Finance	Free Personal Finance Tutorial - Personal Finance 101: Everything You Need to Know Udemy	
Life Skills: Personal Finance	Personal finance Life skills Khan Academy	
OCFS-5561, <i>Readiness Assessment</i>	Budget tool mentioned in Section 1: My Housing Goal Standardized Supervised Setting Readiness Assessment	

Employment

Apprenticeship	Apprenticeships Department of Labor (ny.gov)
Career Zone	CareerZone Department of Labor (ny.gov)
Department of Labor	Youth Department of Labor (ny.gov)

Expectant Parenting/Parenting Youth

Child Care Providers	Find Child Care Division of Child Care Services Office of Children and Family Services (ny.gov)	
Poison Control	Poison Control	Call:1-800-222-1222
Safe Sleep	ACS - Safe Sleep (nyc.gov)	
ABCs of Safe Sleep	ABC Safe Sleep Publication	
Additional Resources and Languages Offered	Safe Sleep Child Protective Services Office of Children and Family Services (ny.gov)	
Prenatal, Postpartum, Parenting Programs (PPP): Qualified Residential Treatment Programs Exception in New York State	Policy: 21-OCFS-ADM-18	
Referral Process for Placement in an EMPOWER Program	Policy: 21-OCFS-ADM-27	
Women, Infants, and Children (WIC)	NYS WIC	
New York City Resources	ResourceGuideExpectantParentingYouth.pdf (nyc.gov)	

Other Helpful Links

Local Department of Social Service (LDSS)	Local Departments of Social Services Directories Office of Children and Family Services (ny.gov)	
HEARS Number - OCFS HEARS Family Support Line (Help, Empower, Advocate, Reassure, and Support)	HEARS Family Support Line Child Welfare and Community Services Office of Children and Family Services (ny.gov)	1-888-55HEARS (1-888-554-3277) Monday-Friday 8:30 a.m.- 4:30 p.m.
Board of Elections	Home Page - New York State Board of Elections (ny.gov)	
Brochures on various topics, such as family court, sibling visitations, money management, and more	Need to Know Series - Youth in Progress Resources by Topic- Youth in Progress	