

# Visit Coaching Plan Summary Sample

A 27-year old mother is visiting her children. The children include her newborn, who was removed from the hospital after testing positive for cocaine, and her two preschoolers who were removed as well. She accepts it as “normal” that the 2-year-old stays near the foster mother during the visit. The mother spends most of her time watching the 4-year-old play with toys, sometimes giving commands to the children from the couch while the baby sleeps in the infant carrier. She ignores the 2-year-old, who she say is just like his father; he whines and becomes agitated by the end of each visit.

## VISIT PLAN

| CHILDREN’S NEEDS DURING VISIT  | THE COACH WILL HELP MOM   |
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| <p><b>6 week old</b><br/>To be happy being close to her mother<br/>To feel part of a family with her mother and two brothers</p> <p><b>2-year-old</b><br/>To feel his mother likes him<br/>To have lot of attention</p> <p><b>4-year-old</b><br/>To lead with toys and games</p> | <ul style="list-style-type: none"> <li>• Have some visit time alone with infant getting to know what she enjoys; spend time imitating the baby’s faces, talking to the baby, trying to lengthen the amount of time the baby can keep her attention on her</li> <li>• Teach the 2- and 4-year old special things they can do to entertain their sister</li> <li>• Plan a music activity and snack they can all enjoy together</li> <li>• Find one thing to praise him for each visit</li> <li>• Have some visits or visit time alone with the 2-year-old practicing giving him attention and praise to see what keeps him from getting grumpy</li> <li>• Spend part of the visit on the floor playing, holding and talking to the baby while also moving from child to child with play that fits their different levels</li> </ul> |