

## Overview

- Fundamentals
- Security Plan
- Identify Predators
- Civilized Conditioning
- Lethal vs Non-Lethal
- Guns and Knives
- Emotions, Fear-Panic
- Self Defense

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## Benjamin Franklin

To be safe, is never to be secure.

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## Helen Keller

Security is an illusion.  
Life is either a daring adventure  
or nothing at all.

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## Robert Siciliano

Security is  
'Safety with an attitude'

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## Wake up and smell the security

- Safety vs. Security
- Goes against our core beliefs
- You're too nice
- Think it can't happen to you?
- Head in the sand mentality
- Become an observer of the human condition

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## Inside the mind of a killer



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# Fundamentals

- Body Language
- Awareness
- Intuition

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# Body Language 55%

- Walk
- Posture
- Facial Expressions
- Eye Contact

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# Awareness

- Body Language
- Surroundings
- Potential Dangers

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# Intuition

- Sixth Sense
- What Ifs
- Visualization

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# Voice 35%

- NO!
- Profanities
- Civilized conditioning

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# Personal Protection Devices

- Lethal Vs Non Lethal
- Guns, Knives
- Pepper sprays
- Alarms

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# Fighting Stance

- Hands Up
- Elbows Down
- One Foot in Front
- Steady Gaze



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# Go For The Throat

- On Top
- Bottom
- In Front
- Larynx
- Trachea
- Side of Neck
- Slap
- Chop



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# Gouge Eyes

- On Top
- Bottom
- In Front
- Jab Fingers
- Jab Thumbs



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# Slap Groin

- Behind
- On top
- Bottom
- In front
- In Bear Hug
- Open Hand
- Closed Fist
- Grab



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# Knee The Groin

- In Front
- Up Close
- On Top



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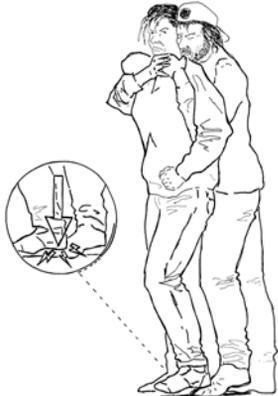
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# Stomp Foot

- Behind
- In Front
- Stomp
- Dig
- In-step
- Toes
- Shins



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## Ground Fighting

- Kick Knees
- Kick Shins
- Kick Groin
- Kick Face
- Kick Hard



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## Defusing a Disgruntled Individual

- Don't get emotionally involved in their drama
- Listen more than talk
- Encourage person to talk
- Focus on them and show interest
- Don't make judgments, remain neutral
- Project calmness, move and speak slowly
- Acknowledge their feelings
- Request a move to a quieter area
- Use delaying tactics such as offering water
- Point out choices
- Break big problems into smaller ones
- Accept criticism, say "You're probably right"
- Ask for recommendations

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## Canned Responses

- I see you are upset
- Let's go sit down and talk
- Let's see how I can help
- Would you like to tell me about it?
- I would like to hear your side.
- Could you share that with me?
- I guess this is important to you
- That's interesting.
- I see, is that so?
- When at a loss for words introduce something unrelated to the situation, like.... whatdayathink bout them RedSox?

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## Keeping a Safe Boundary

- Be aware of logistics
- Put something between you and them
- Do not back into a corner
- Give them the exit
- No egos

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## Prediction Prevention Fundamentals

- Promote communication
- Know your clients and their behavior
- Become an observer of the human condition
- Set a healthy and appropriate example
- Respond efficiently to threats
- Trust your intuition

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## Prediction Prevention Fundamentals

- Workplace violence prevention training
- Substance abuse programs
- Conflict resolution training
- Dealing with difficult people
- Stress management programs
- Sexual harassment programs
- Personal security training
- Hiring/termination training
- Outplacement counseling
- EAP assistance
- Onsite support services

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