



NEW YORK STATE
Wm. B. Hoyt Memorial
CHILDREN & FAMILY TRUST FUND

"Strengthening New York's Families"

2005 Annual Report



New York State
Office of
Children & Family
Services

STATE OF NEW YORK
Eliot Spitzer
Governor



Gladys Carrión, Esq.
Commissioner

**New York State Children and Family Trust Fund
1984-2005**
Supporting Children, Adults, Caregivers, and the Elderly
To Live Free of Violence
Strengthening Families through Prevention

PREVENT family violence in all its form - child abuse, domestic violence,
and elder abuse
PROTECT the most vulnerable and **END** abuse where it has occurred
STRENGTHEN and **SUPPORT** families and individuals to live free of violence

MESSAGE FROM THE ADVISORY BOARD CHAIR, THOMAS ROACH

A NEW VISION

2005 saw the William B. Hoyt Memorial Children and Family Trust Fund move in a very positive, innovative direction. The Strategic Planning Group, first convened in 2003, recognized that continued adequate funding for the Trust Fund could only be enhanced if funding sources better understood the Trust Fund mission. The Planning



**Thomas Roach accepting his
Excellence in Prevention Award
Cindy Lee, Prevent Child
Abuse New York, Board Member**

Group decided to initiate a preliminary marketing plan requiring financial support from other sources than the program funds earmarked for service providers. Thanks to many supporters, \$25,000 in donations was realized. As we move into 2006, the marketing plan will be solidified through identifying a marketing resource to carry out our goals.

While this marketing plan was under development, the Trust Fund continued to support programs designed to prevent Family Violence in all its forms. The Upstate Shaken Baby Syndrome Prevention Education Program replicated in the lower Hudson Valley, was honored at the 15th National Conference on Child Abuse and Neglect for its strong commitment to the safety and well-being of children as an effective strategy for preventing shaken baby syndrome. The New York Loves Safe Babies Campaign was held once again and expanded to the Buffalo region. This community event received many accolades from the participating public. Drawing on information received as a result of the Elder Abuse Summit held in 2004, the Trust Fund recognized that increased efforts were needed to reach the at risk elderly, and identified this as a priority for future requests for proposals.

Having completed 20 years of continued service, the Trust Fund must now make sure that funds allocated to protect the most vulnerable citizens of our society are in fact doing just that. We must make sure that all those in need have the ability to access the needed funding as it becomes available. As we prepare for 2006, we must make sure that the mission of the Trust Fund is clearly understood and appreciated. This is definitely an obligation of the Advisory Board. It is one that we recognize and will accomplish.

In summary, let me say that 2005 was a very busy and productive year. The staff under the direction of Judith Richards worked tirelessly to see that our mission was once again carried out.

Introduction

Since the New York State legislature established the Children and Family Trust Fund (Trust Fund) over twenty years ago, the problem of family violence has not abated in our society. At that time most states were establishing Children's Trust Funds to support child abuse prevention programs. New York was one of the few states to focus on all aspects of family violence – child abuse, domestic violence and elder abuse. Similar to most states, New York recognized the need to support families before abuse and maltreatment occur, or at the very least, at the point when it is first recognized. Offering support before families become high risk or abusive is both compelling and cost effective. The Trust Fund operates under the following guiding principles and philosophy to realize its mission:

Unique and innovative

- ◆ Recognizes multi-generational nature of family violence
- ◆ Emphasizes primary prevention
- ◆ Pilots and replicates programs that address specific needs in the community
- ◆ Offers services to all families, regardless of financial eligibility
- ◆ One of the few sources of funding for the prevention of elder abuse
- ◆ Supports services to children who witness or experience domestic violence

Essential

- ◆ Engages families before abuse occurs
- ◆ Provides state match to leverage federal CAPTA Title II funds
- ◆ Reduces investment in more expensive treatment services

Trust Fund Structure and Funding

Administration and sources of funding

Administered by the New York State Office of Children and Family Services, under the Division of Development and Prevention Services, The Trust Fund operates with the advice and assistance of a thirteen member Advisory Board appointed by the Governor with recommendations from the Legislature.

Traditionally, the Trust Fund is funded through an annual appropriation in the New York state budget. Trust Fund dollars also leverage additional federal Community-Based Child Abuse Prevention Program (CBCAP) grant funds, (Title II of the Child Abuse Prevention and Treatment Act), which are available to states based on a formula according to child population and the amount of state dollars dedicated to prevention. All administrative costs for Trust Fund staff support, Advisory Board activities and technical

assistance to grantee agencies are absorbed under the administrative budget of the Office of Children and Family Services' Division of Development and Prevention Services. One hundred percent of Trust Fund appropriations are used for program funding. In State Fiscal Year (SFY) 2005/06, the Trust Fund utilized \$857,250 to support continuation of ten programs awarded funding in 2004. New York received over \$1.6 million in CBCAP federal dollars in 2005 to support continuation of seventeen (17) child abuse prevention and domestic violence programs, and training, evaluation and peer review activities.

The Trust Fund programs are able to leverage additional local funds and applicants are strongly encouraged to include evidence of local support and pooling of resources. Local programs document various funding streams including United Way, local Departments of Social Services, Offices for Aging, Youth Bureaus, State Offices of Mental Health and Mental Retardation/Developmental Disabilities, Crime Victims Board funds, local foundations, Community Development Block Grants, and a host of other types of support. Distribution of local resources is illustrated in **Table 1**.

Distribution of funds

Any public agency or not-for-profit corporation may apply for a Trust Fund grant. Projects are selected through the issuance of Requests for Proposals. Priorities are determined by OCFS with recommendations from the Advisory Board. Programs are generally funded for four years (the first two years at 100%, the third year at 75%, and the fourth year at 50%) to enable adequate development and procurement of funding for continuation beyond the demonstration period.

According to statute, 40 percent of the funds are awarded to child abuse and neglect prevention programs; 40 percent to domestic violence and elder abuse prevention and service programs; and 20 percent to regional or statewide family violence prevention programs. If funding is not used for statewide/regional programs, the remaining funds are to be evenly distributed among local family violence programs. The funds are awarded on a competitive basis across the state, with consideration given to geographic areas with the greatest need. See corresponding **map** on the following page illustrating the statewide distribution of programs.

2005		
Table 1		
Local Sources of Funding		
Public	\$434,250.00	25%
Private	\$573,414.00	34%
Donations:		
Volunteers	\$79,741.00	5%
Cash	\$57,495.00	3%
In-Kind	\$525,036.00	31%
Other	\$39,798.00	2%
Total	\$1,709,734.00	100%

Child Abuse Prevention and Family Support

The Trust Fund seeks to prevent **child abuse and neglect** by developing programs focusing on strengthening families through the provision of education, support and services which promote positive parenting, healthy family functioning and family self-sufficiency. Trust Fund Programs regard families as resources, and by shifting the focus of their prevention efforts from family risks and deficits to family strengths and resiliency, families are more likely to become engaged preventing abuse from occurring. Likewise, by building on protective factors that include parental resiliency, social connections, knowledge of parenting and child development, concrete support in time of need and social and emotional competence in children, prevention programs increase the likelihood of developing partnerships with families.



Central to the Trust Fund's efforts is the **New York State Family Resource Center Network**, which offers early and comprehensive support



for parents/caregivers of young children. Each Center is unique because its programs are responsive to the needs of the participants and the community. Family Resource Centers serve diverse populations and are located in urban, rural and suburban neighborhoods across the state. Families benefit from participation

A military family with three children found support through the Family Resource Center and helped create a support system for many other military families in the community... Mom stated that the Center was key in helping her raise her family while being stationed at Fort Drum.

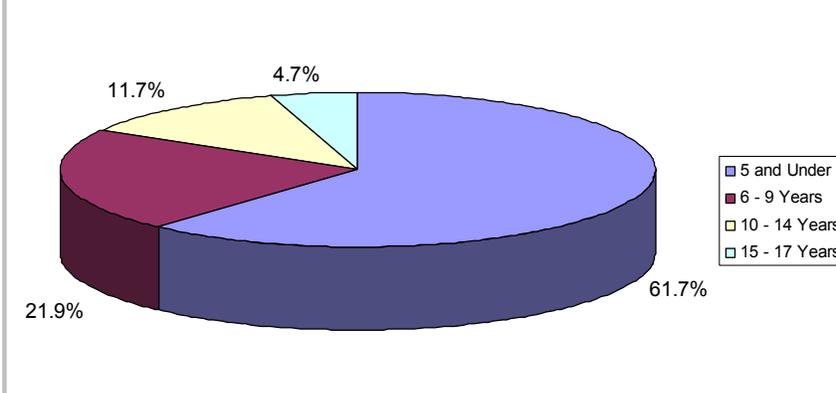
A young mom and her one-year old son enjoy the Parents as Teachers activities and despite working fulltime, mom makes time in her schedule to attend regularly. Mom stated "I never thought play was affecting him socially, emotionally and whatever. The program helps me know how to play with him in ways that he needs. It helps me as much as it helps him."

by learning to use positive behavior management techniques and to interact positively with their children, to connect with other families thereby reducing isolation, to access community resources to support family needs, and to contribute to their community through their support of the center. (See

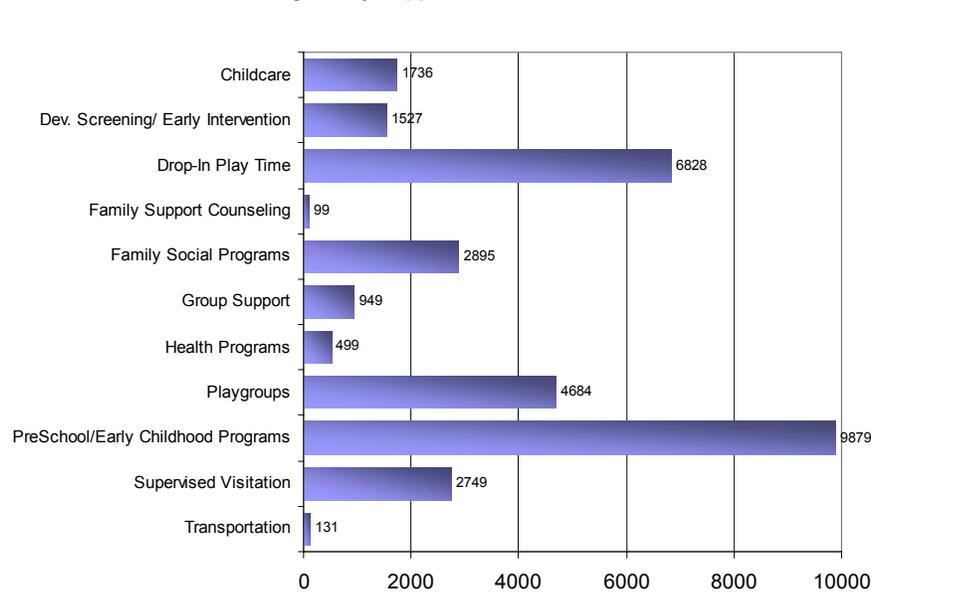


Figures 1-5 documenting individuals served and services provided during 2005) Individual program summaries are included at the end of the report.

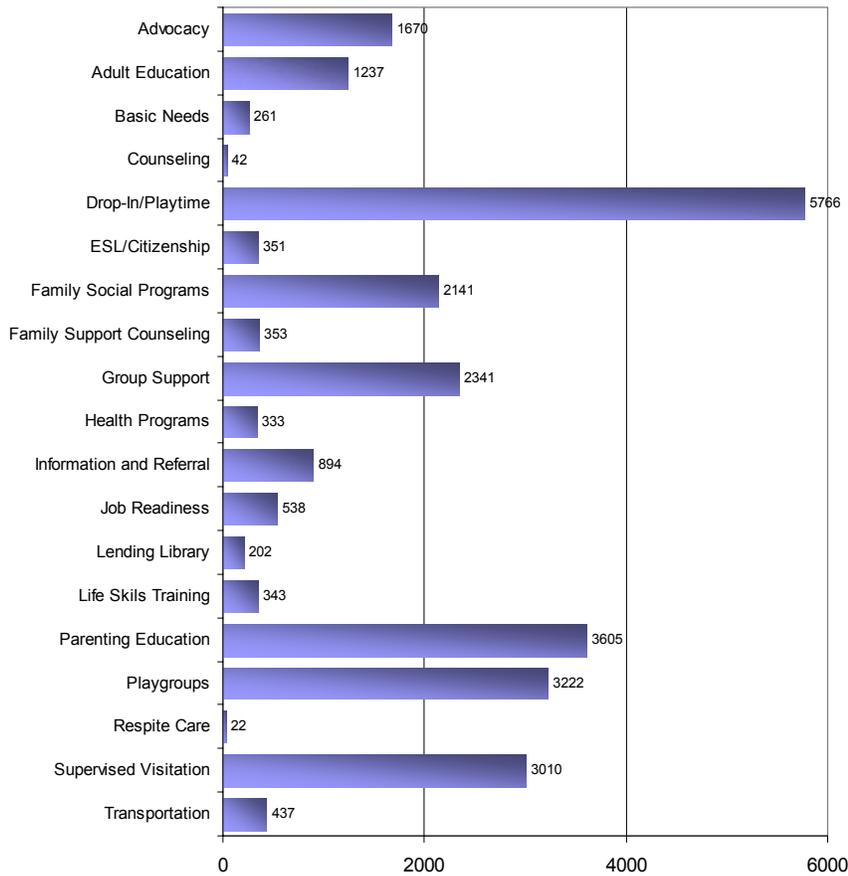
**FIGURE 1 - Family Resource Centers
Children Served by Age**



**FIGURE 2 - Family Resource Centers
Number of Children Receiving Family Support Services**



**FIGURE 3 - Family Resource Centers
Number of Adults Receiving Family Support Services**



Figures 2, 3 & 4 reflect a duplicated count of adults and children participating in a variety of support services provided by the Family Resource Center Network. Drop-in playtime and structured playgroups are generally attended by parents and children together.

**FIGURE 4 - Family Resource Centers
Source of Referrals**

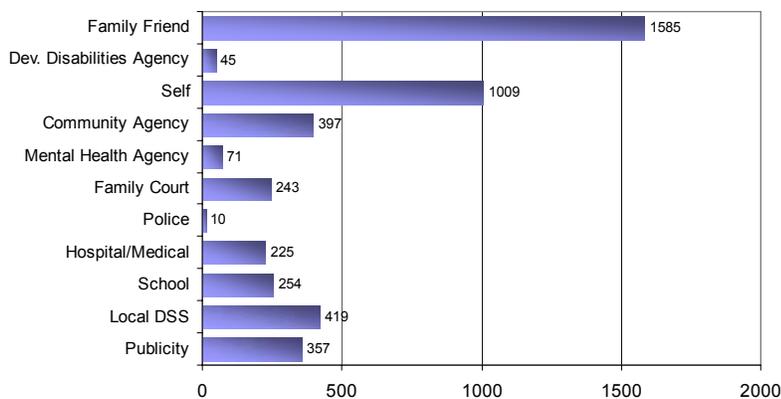
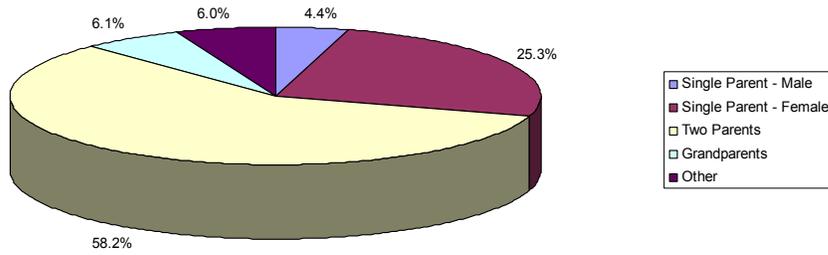


FIGURE 5 - Family Resource Centers
Family Composition of Persons Receiving Family Support



Domestic Violence Prevention

The Trust Fund priorities focus on the need for school-based education and service provision at all grade levels, the development and enhancement of services for children affected by domestic violence and the provision of supervised visitation where domestic violence occurs. Children in homes where there is domestic violence may face significant risks to their physical, emotional and mental well being. Support for children and their families who experience domestic violence can only serve to strengthen this effort and foster children's resiliency and promote healthy interpersonal relationships. Data provided in **Figures 6, 7 & 8** reflect the children, adults and community members who engaged in direct services and participated in educational opportunities.

FIGURE 6
Number of Children Experiencing Domestic Violence Served by Age

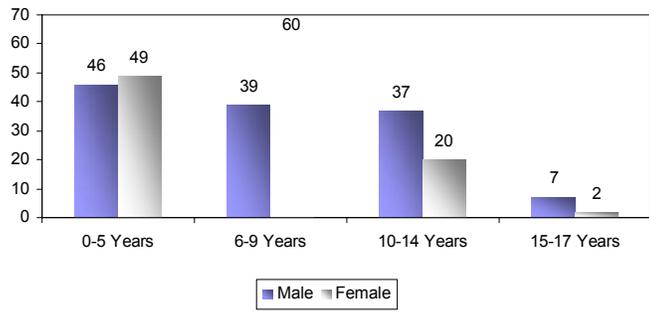


Figure 6 shows data from the five programs funded during 2005 that provided direct services to 260 children effected by domestic violence and their families

FIGURE 7

Adults and Children Experiencing Domestic Violence Receiving Services

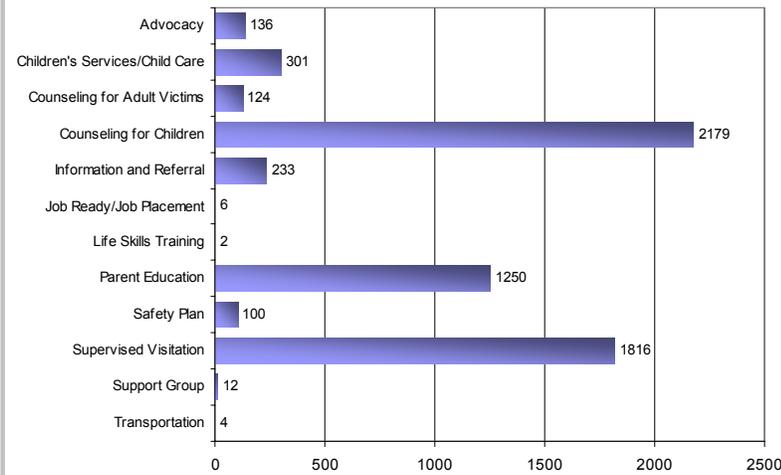


Figure 7 reflects the duplicated count for services received by adults and children during 2005

In keeping with Trust Fund priorities, a unique school-based education program targets children in the Schenectady City School District.

The YWCA of Schenectady's Domestic Violence Program offers a unique experience for elementary school children in Schenectady County. The program is designed to offer workshops to children grades 1 thru 4; the workshops integrate an anti-violence curriculum with domestic violence information in particular. By providing violence prevention and safety in consecutive years (grades 1-4), students learn how to improve their relationships through better communication and conflict resolution skills. As a result, students learn that violence is always unacceptable and good behavior leads to feeling better about oneself, as well as how to establish and maintain friendships. They also learn how to remain as safe as possible if domestic violence occurs in their home and confide in an adult for added intervention and support. Educators designed workshops for elementary grades to complement children's learning and processing ability at this age. Educators provide teachers and parents with information flyers that can be referred to as a reinforcement of the skills learned from the program.



YWCA of Schenectady Educator presenting to an elementary class

Elder Abuse Prevention

Elder abuse is a largely unrecognized and underreported form of family violence with often severe consequences to the victim. It is also multifaceted and complex in nature, with much of it hidden because of victims' shame, guilt, cognitive impairment and/or isolation. Community-driven initiatives, with local knowledge and expertise of the issues, can engage groups that normally do not have access to services, provide public awareness education, identify and expand early intervention, create safe havens, and establish multidisciplinary teams for intervention. The Trust Fund seeks to support prevention and intervention services that reach adults over 60 in the community who are or may be at risk of physical abuse, emotional abuse, and/or financial exploitation primarily by family members. Elder Abuse programs provide vital services that seek to sustain and protect vulnerable older adults by helping them develop and implement a plan to live free of violence.

With the limited funds available for elder abuse services during 2005, Trust Fund dollars supported NYC Human Resources Administration/Protective Services for Adults (PSA) in its effort to expand its training program to engage communities in Queens and the Bronx during the third and final year of funding. The expansion of the program helped many elder abuse victims by providing training and information to hundreds of community professionals. Community groups in the Bronx received training on elder abuse, resulting in over one thousand referrals to the Bronx Adult Protective Services. There are improved relations with Protective Services for Adults and the District Attorney's Office in the Bronx and Queens as a result of the program. The training also increased the number of appropriate referrals to the Queens District Attorney's Office by Adult Protective Services staff.

Public Education and Awareness

New York Loves Safe Babies Campaign

The New York Loves Safe Babies Campaign sponsored by the Trust Fund, Healthy Families New York Home Visiting in partnership with the Department of Health held its 3rd annual community event at a local mall in Albany, New York. Participants were provided with safety information including the six **Helpful Tips to Keep Your Baby Safe** flyers, Shaken Baby Syndrome Prevention posters, and a babysitter memo board with safety information that promotes prevention of Shaken Baby Syndrome (SBS), and reducing the risk of Sudden Infant Death Syndrome (SIDS). In addition, the 30-minute Safe Babies video was translated into Spanish for distribution in 2006. The event was a collaboration of state agencies and various local organizations, including the Family Resource Center Network, Prevent Child Abuse New York, NYS Troopers, Albany County Sheriffs,



**Buffalo Community
event at the Galleria
Mall**

NYS Center for Sudden Infant Death (SID), Maternal and Infant Network of the Capital Region, local departments of health, and others. The campaign also kicked off this year in Buffalo with close to 20 organizations participating at a community event held in September - National Baby Safety Month. Publication materials can be accessed through the OCFS website <http://www.ocfs.state.ny.us/main/publications/>.

To further promote the New York Loves Safe Babies Campaign, a Calendar Art Contest was initiated by soliciting original artwork from children across the state from youth facilities, school programs, community-based agencies and childcare programs. Using the themes from the campaign, the students were invited to depict a scene from daily life to capture the overall topic of children's safety. The artwork will be developed into an 18-month New York Loves Safe Babies calendar and distributed in 2007.

Upstate New York Shaken Baby Education Program

The pilot Upstate NY Shaken Baby Syndrome initiative continued to demonstrate a sustained 47% reduction in the incidence of Shaken Baby Syndrome (SBS) after six and a half years. Dr. Mark Dias, founder of the pilot program, launched the second phase of the program by eliciting support from over 80% of the Western NY pediatricians who are disseminating information on the dangers of shaking to all parents at the time of the child's first immunization. This approach is also being replicated in the Finger Lakes Region under the pilot project, and by Children's Hospital Foundation of Westchester Medical Center in the Hudson Valley Region. In April 2005 Dr. Dias' research was published in *Pediatrics*, a journal of the American Academy of Pediatrics-Preventing Abusive Head Trauma Among Infants and Young Children: A Hospital-Based, Parent Education Program.

[<http://dx.doi.org/10.1542/peds.2--4-1896>] Furthermore, the program was honored at the 15th National Conference on Child Abuse and Neglect with the Commissioner's award for its strong commitment to ensuring the safety and well being of children and supporting and strengthening families. This hospital-based approach is seen as an effective method for preventing shaking baby syndrome.



Dr. Mark Dias, Commissioner Joan Ohl, Administration on Children, Youth and Families, Kathy deGuchery, and Kim Smith, Nurse Coordinators

10th Annual Child Abuse Prevention Conference

The **10th Annual Child Abuse Prevention Conference** achieved record attendance with close to 600 participants. "Children Need Everyday Heroes" was highlighted by keynote speakers, Raymond Smith, President,

Prevent Child Abuse Kentucky, Businessman, and former NFL player; Joan Jacobs Brumberg, Writer, Historian, and Professor; and Sonia Manzano, Writer, Actress, Advocate for Children and Families, and Maria from Sesame Street. The **Excellence in Child Abuse Prevention Children’s Advocate Award** was presented to Thomas Roach for his tireless leadership in advocating for family violence prevention programs; the **Program Award** was presented to the **NYS Family Resource Center Network** of 15 programs for exemplifying family support practice and primary prevention efforts; and the **Professional Award** to **Judy Richards** for her outstanding leadership and tireless work to prevent child abuse and neglect. One of the features of this year’s conference was the children’s artwork that was on display illustrating the theme of “My Every Day Hero.” The Trust Fund continued to spearhead parent involvement by supporting the attendance of twenty-four Parent Leaders at this year’s conference.



Judy Richards, Family Resource Center Network, Thomas Roach
Excellence in Prevention Awardees

FIGURE 8
Family Violence Education and Training

Presentations Made to Professional Groups

# of Participants:	Child Abuse	Domestic Violence*	Elder Abuse	Total
Human Services Staff	538	0	42	580
Health Care Workers	96	0	0	96
School Staff	161	0	0	161
Legal Professionals	207	0	5	212
Police	0	0	210	210
elopmental Disability Professionals	0	0	0	0
Other	74	0	252	326

* No training offered by funded DV programs

Presentations Made to Non-Professional Groups

# of Participants:	Child Abuse	Domestic Violence	Elder Abuse	Total
Elementary Students	406	1324	0	1730
Jr/Sr High Students	2027	0	0	2027
Parents	1699	0	0	1699
Community Groups	117	0	0	117
Other	399	52	0	451
Total Participants	5724	1376	509	7609

During calendar year 2005, over 10,000 children and caregivers received direct services. Over 7,600 additional professionals, parents, students and community members received education and training relevant to family violence in all its forms as shown in Figure 8.

Making a Difference... Improving and Enhancing Services

Trust Fund staff works closely with individual agencies in developing and monitoring contracts for funded projects. Agencies are required to complete quarterly programmatic and fiscal reports. Trust fund staff conduct periodic site visits to review project activities and assist agencies to evaluate the results or outcomes of those services through training and technical assistance. The Trust Fund's goal is to generate innovative and effective programs developed by communities to fit their particular needs with the capability of continuation beyond the initial period of Trust Fund support.

Federal dollars boost efforts to enhance the Trust Fund's training and technical assistance related to assessing program outcomes through the **Program Self-Assessment and Peer Review Process** developed in partnership with the Family Resource Center Network. Based on information provided by the peer review team, centers develop strategic plans for enhancing specific program practices. Strategic plans are incorporated into the contract monitoring and reporting process to chart the development of these proposed enhancements. The overall benefits of this experience continue to be the exchange of valuable resources, validating the program's importance to the community, and the meaningful involvement of parents in leadership roles.

The Trust Fund, in partnership with the Family Resource Center Network, conducted program self-assessment and peer reviews to establish best practices and identify lessons learned, in addition to recognizing and validating program performance of the Centers. Each year two or three Centers participate in the process and as of 2005, fourteen such reviews were completed. Recommendations resulting from the peer reviews are:

- ◆ Engaging parents and volunteers in center activities
- ◆ Engaging community through creative outreach and collaboration;
- ◆ Promoting diversity through center activities;
- ◆ Providing comfortable and welcoming space;
- ◆ Designing colorful and identifiable exterior sign/door;
- ◆ Marketing strategies developed with parents and local collaborators;
- ◆ Providing playgroups or respite care during parent group activities;
- ◆ Encouraging parent leadership opportunities;
- ◆ Offering family oriented after school activities; and
- ◆ Providing various transportation options.

The participating Centers found the peer review a positive sharing experience to gain insight and new information on improving and enhancing their programs.

“This gets everyone involved to hear similarities and differences. It helped me to see what Families ‘R US does for the community and what an asset it is. The community of Malone and area have wonderful people working to support parents and families.”

-Community Partner

“I went as a Parent Representative. I felt really involved and my suggestions were very well accepted.”

The Trust Fund, in conjunction with the Center for Human Services Research, also conducts annual telephone survey interviews with participating parents from various Centers. In March 2005, a third Participant Survey was conducted by the Center for Human Services Research with two centers from the Family Resource Center Network. The survey focused on those participants who attended programs on a regular basis (at least 3 or more visits) and those that only came once or twice. The survey looked at service needs of the participants, as well as demographic information. Some open-ended questions were also included to invite feedback from participants as to how the Center could better meet their needs. There was a 71% response rate from a random sample of 106 participants including 12 Spanish-speaking participants. Close to 60% of those interviewed, when asked if the family resource center had changed their life in any way, said that it had changed their life for the better. Over 94% said they would recommend the Center to a friend. The results from all 10 surveys will be compiled and made available in 2006 as part of a comprehensive report from the Center for Human Services Research.

Trust Fund Supports University of Rochester School of Medicine Pilot Program

The University of Rochester School of Medicine conducted a pilot project to test the feasibility of creating and conducting foster care parenting groups with foster parents in Monroe County. As a result of this pilot study, a mentored foster parent-training program, entitled **Fostering Futures: Improved Child Safety and Well-Being through Foster Care**, was subsequently developed and received one year of funding in 2004 from the Trust Fund. Fostering Futures is a strength-based, family-focused, and evidenced-based program designed to train foster parents to effectively manage children's challenging behavior to reduce future cases of maltreatment. The program collaborated extensively with the Monroe County Department of Human Services in planning and design.

Fostering Futures is focused on the factors affecting child well-being, placement stability and child safety, with the training emphasis on the development of positive parent-child relationship, reduction of inappropriate child behavior, inclusion of social support, and educating foster parents on issues specific to foster care. The training materials are based on the "**Incredible Years**" parenting series with modifications based on the input from four initial mentor/trainers and the Monroe County Foster Care Department. Experienced foster parents, alongside a child psychologist, work as mentors to the foster care parents and co-facilitate the parenting groups. They connect with the less experienced foster care parents to serve as role models in the child welfare system.

85 out of 108 foster/adoptive parents enrolled in Fostering Futures successfully completed the 12-week mentored foster parent training program. 76 participating foster parents who completed the evaluation tool for assessing their parenting skills, demonstrated an increased use of appropriate disciplinary strategies; a reduction in the use of physical punishment; reduced

"Thank you for the opportunity to be part of the Fostering Futures Program. The program and support from the group has given me renewed strength to continue parenting my difficult foster children. I have been able to enhance my skills and learn new techniques that will help me with the challenge of parenting these children."

-Foster Parent

parental stress; enhanced foster parent-child relationship; increased social support from family and friends; and increased positive outlook on fostering and willingness to continue as a foster parent.

Since the program's inception, there has been an overwhelming demand for the services of Fostering Futures from the Monroe County Department of Human Services and the child welfare community. The program will continue for the next five years with a grant from the National Institute of Mental Health (NIMH) to test and refine the program, with the opportunity leading to another NIMH grant to support a large multi-site demonstration of the program. The initial success of Fostering Futures offers a promising approach for replication in other communities.

76 foster parents reported an increased use of appropriate discipline strategies and a reduction in the use of physical punishment based on program assessments.

NEW YORK STATE WILLIAM B. HOYT MEMORIAL CHILDREN AND FAMILY TRUST FUND Local Program Summaries

CHILD ABUSE PREVENTION PROGRAMS

Healthy Families New York Home Visiting Program

Schenectady County Public Health Services Schenectady, New York

Trust Fund: \$81,200 (Year II)..... Local Share: \$57,023..... Total Budget: \$138,223

This Healthy Families New York Home Visiting project expands its direct outreach and assessment of families in local hospitals, health centers and the community. A community health worker nurse universally screens Schenectady County pregnant and postpartum women and their partners to identify those in need of further assessment and services. Health education is also provided on topics including but not limited to infant care, parent-child interaction and prevention of Sudden Infant Death (SID) and Shaken Baby Syndrome (SBS). Inclusion of the father in the screening, assessment and education is facilitated through provision of this service in hospitals and health centers. During 2005, 67 families (96 parents and 62 children) received services. The provision of services was achieved through 236 home visits.

Sullivan County Public Health Services Liberty, New York

Trust Fund: \$88,000 (Year II)..... Local Share: \$29,259..... Total Budget: \$117,259

Sullivan County Public Health Services operates a Healthy Beginnings program, affiliated with Healthy Families New York. The Trust Fund funding allows for expansion of the program to an additional zip code area to the Village of Liberty, and adds one family support/assessment worker and a supervisor. The program operates in the village of Monticello and serves approximately 37 families with TANF funds. In 2005, the additional funding enabled the program to reach 28 additional families (44 parents and 40 children).

Parenting Education and Support

Inwood House New York, New York

Trust Fund: \$79,500 (Year I)..... Local Share: \$26,445..... Total Budget: \$105,945

Inwood House provides services for New York City pregnant and parenting teens in foster care and young mothers and their children who are emancipated from the New York City foster care system and homeless. The Trust Fund funding enhances the agency's maternity residence programs and community-based programs by supporting a child abuse preventive program for participating teen mothers and their babies through the SPIN Video Home Training Program, a replication of a Dutch intensive home training model aimed at preventing out-of-home placement for children entering the Dutch child welfare system. This model is strength-based, hands-on visual learning with the focus on reinforcing positive parent-child interaction at home. During the first contract year, the program developed and implemented an evaluation tool to track parenting changes of the participating teens. The sixteen (16) teens served during 2005 reportedly improved in parenting confidence, knowledge of child development, parenting skills and reduction of stress as a result of their participation.

Statewide Public Education Campaign

Kaleida Health/Women and Children's Hospital of Buffalo Buffalo, New York

Trust Fund: \$130,000 (Year II)..... Local Share: \$434,228..... Total Budget: \$564,228

The Upstate NY Shaken Baby Syndrome Education Program operated by Women and Children's Hospital of Buffalo, began the pilot program in 1998 to reduce the incidence of Shaken Baby Syndrome (SBS) by distributing information about SBS to all parents of newborn infants, before they leave the hospital. The program expanded in 2000 to include the nine-county Finger Lakes Region (FLR) along with the pilot eight-county Western New York (WNY) region. Through a combination of pamphlets, videos, and posters, the project educates all parents in WNY/FLR counties about SBS. The program is evaluated by monitoring 1) the return of commitment statements (CS) from each parent acknowledging receipt of the information, 2) the incidence of SBS in the region, and 3) the participants recollection of receiving the information and their perception of the value of the program through a random survey of those consenting to the follow-up. The additional funds support the existing program and add an additional educational opportunity at the time of the infant's first post-natal visit to the pediatric care provider, and to again ask parents to sign the CS affirming receipt of this information. Targeted counties include: (WNY) Erie, Niagara, Chautauqua, Cattaraugus, Genesee, Orleans, Allegany, Wyoming and (FLR) Chemung, Livingston, Monroe, Ontario, Seneca, Schuyler, Steuben, Wayne, and Yates. The program reached 20,527 families through this education program during 2005 and reports a consistent 50% reduction in the incidence of SBS in the pilot region.

Children's Hospital Foundation at Westchester Medical Center Valhalla, New York

Trust Fund: \$122,300 (Year II)..... Local Share: \$215,390..... Total Budget: \$337,690

The Hudson Valley Shaken Baby Prevention Initiative replicates the upstate program by creating a regional network of 22 hospitals providing maternity care in eight counties of the Hudson Valley. Through the collaboration of the Maria Fareri Children's Hospital of Westchester Medical Center, the Westchester County Department of Health, the SKIPPER Initiative, and the Northern Metropolitan Hospital Association, the participating hospitals educates all parents of newborns about how to prevent shaking injuries prior to hospital discharge in an effort to decrease the incidence of shaking injuries in the eight county region and to evolve into a broader community awareness program. The target counties are the Bronx, Dutchess, Orange, Putnam, Rockland, Sullivan, Ulster, and Westchester. 300 nurses throughout the region were trained to educate new parents about SBS, and the participating hospitals educated close to 14,000 families in 2005.

DOMESTIC VIOLENCE PREVENTION EDUCATION PROGRAMS

Supervised Visitation Programs

New York Society for the Prevention of Cruelty to Children

New York, New York

Trust Fund: \$66,500 (Year II)Local Share: \$19,080 Total Budget: \$85,580

The New York Society for the Prevention of Cruelty to Children (NYSPCC) serves children and families that have experienced domestic violence. Funds support the Supervised Visitation Program so that children who have witnessed domestic violence can receive therapeutic mental health services and intervention. NYSPCC engages parents in safety planning and links them with domestic violence services. As part of the process they receive an overview of services available to them by domestic violence providers in NYC. In 2005, the Supervised Visitation Program served 76 families with a history of family violence and provided the trauma-focused therapy to 115 children who witnessed family violence. Services also encompass emotional support to the parents to better meet their children's needs; and training to staff involved in the supervised visitation program.

Oswego County Opportunities, Inc.

Fulton, New York

Trust Fund: \$100,000 (Year I)Local Share: \$29,105 Total Budget: \$129,105

The Trust Fund supports the opening and operation of a supervised visitation program in Oswego County for families that are referred by Family Court, Child Protective Services, Preventive Services or Probation Department due to domestic violence or safety concern for the children. The program provides supervised visitation to non-custodial parents and ensure safety for all family members involved. Supportive services, such as support group for abused women, support group for children, parenting group and linkage to self-sufficiency services are offered to families to assist them in achieving unsupervised visits or re-gaining custody. Forty (40) families were served through the provision of supervised visits and supportive services in 2005.

Children's Services

Nassau County Coalition Against Domestic Violence

Hempstead, New York

Trust Fund: \$59,000 (Year I)Local Share: \$17,521 Total Budget: \$76,521

The Child Witness Project provides a bilingual children's counselor with domestic violence expertise in three community-based human service settings, making these specialized services accessible where children, primarily ages 6-12 and their non-abusive parents are already engaged. The Nassau County Coalition Against Domestic Violence developed agreements with Long Beach REACH, YES Community Counseling Center and South Shore Child Guidance. The counselor also provides linkages for the non-abusive parent to Coalition services such as legal, safe housing, and advocacy as well as being a resource for the community-based staff on domestic violence/child witness issues, and can provide staff training where appropriate. The project became operational in June and served 12 families (19 children and 12 parents) during that 7-month period.

Edwin Gould Services for Children & Families

New York, New York

Trust Fund: \$90,000 (Year I)Local Share: \$25,047 Total Budget: \$115,047

Edwin Gould has operated the Children's Therapy Program for the past 12 years. The Children's Therapy Program serves children ages 3-14 who have witnessed domestic violence and their non-abusive parents.

Individual and group therapy are provided for the children and parenting education and support classes are offered to the non-abusive parents. The Trust Fund funding allows for expansion of the program to serve 30 additional children and their families, and adds one full time counselor and a part time therapeutic childcare worker. During 2005 the program served 66 families (48 children).

Cross-System Training and Education

Child Appointed Special Advocates (CASA)

Albany, New York

Trust Fund: \$40,750 (Year II) Local Share: \$10,188 Total Budget: \$50,938

This project was designed to improve the capacity of the Court Appointed Special Advocates (CASA) volunteer programs to handle cases involving domestic violence, and to facilitate local collaborations between domestic violence and CASA programs. Three regional training sessions were conducted with CASA Project Directors from around state. As a result of these sessions, CASA directors are better prepared to identify and address domestic violence issues on their caseload. Domestic violence was also included at the Annual Program Directors meeting, which further enhanced their knowledge and thus ability to train and supervise volunteers. Domestic Violence Guidelines for CASA Programs is another product of this grant, which has also benefited from the assistance and collaborative relationship with both the NYS Coalition Against Domestic Violence and the NYS Office for the Prevention of Domestic Violence.

*Elder abuse prevention services were limited to one program which ended in 2005.
(See page 10)*

FEDERAL COMMUNITY-BASED FAMILY RESOURCE AND SUPPORT PROGRAM

The federal Department of Health and Human Services' Office on Child Abuse and Neglect administers the Community-Based Child Abuse Prevention Grant Program (CBCAP). This grant is authorized under Title II of the Child Abuse Prevention and Treatment Act (CAPTA) Amendments of 2003. The purpose of the CBCAP is to support the community-based efforts to develop, operate, expand and enhance and where appropriate network, initiatives aimed at the prevention of child abuse and neglect and to develop and support networks of coordinated resources and activities to better strengthen and support families to reduce the likelihood of child abuse and neglect. Subject to appropriations, all states are eligible. The Governor designated the New York State Office of Children and Family Services as the lead entity to administer these funds, having demonstrated the ability to work with other state and community-based agencies and as the administering agency for the Children and Family Trust Fund. Federal funds are generally allocated through a request for proposals in conjunction with the Trust Fund. In 2005, approximately \$1.6 million was awarded in CBCAP funds.

CHILD ABUSE PREVENTION PROGRAMS

Healthy Families New York Home Visiting Program

Behavioral Health Services

Plattsburgh, New York

CBCAP Grant: \$87,600 (Year II) Local Share: \$21,993 Total Budget: \$109,593

Early Advantages, a Healthy Families New York Home Visiting program conducts universal screening for all expectant parents and parents with infants under three months in Clinton County who may be at risk of child abuse and neglect or health or developmental problems. Women attending prenatal classes at the Champlain Valley Physicians Hospital (CVPH) are screened for the program, as are all women who have given birth at CVPH. The additional funds support efforts to increase fathers' involvement in family life and identify challenges faced by fathers that prevent them from being fully involved with their children. A Father's support group was established in addition to the recruitment, training and supervision of parent aide volunteers who serve an additional 10 families not eligible for Early Advantages. The program collaborates with Family Connections, a Trust Fund sponsored family resource center that offers peer support and parent/child activities. Early Advantages served 42 families (56 parents and 32 children) through 362 home visits in 2005.

School/Community Collaborations

Kingsbridge Heights Community Center

Bronx, New York

CBCAP Grant: \$75,000 (Year II) Local Share: \$21,367 Total Budget: \$96,367

The Kingsbridge Heights Community Center in the Bronx aims to prevent child sexual abuse and promote child safety through its Keeping Kids Safe project. This program enhancement enables Kingsbridge Heights Community Center to serve additional elementary school age children by providing sexual abuse prevention and education workshops. The project also provides training for professionals/staff working with children in educational settings. During 2005, the program provided educational services to over 600 elementary and high school students, and over 200 human service and legal professionals.

Home-Based Services

Child Center of NY, Inc. (formerly Queens Child Guidance Center) Woodside, New York

CBCAP Grant: \$125,000 (Year II) .. Local Share: \$51,171..... Total Budget: \$176,171

The Child Abuse Prevention for Pre-Schoolers (CAPPS) program aims to reduce the incidents of child abuse, neglect, maltreatment, and foster care placement; increase positive parent-child relationships; and improve parenting skills. The CAPPS Program targets families with at least one child under age five. A home-based educational model is utilized with two full-time case planners. All services are delivered in a linguistically appropriate and culturally sensitive manner with an emphasis on serving families who speak Haitian Creole, Hindi, Marathi and Spanish. In 2005, the program served 22 families (42 adults and 53 children).

Family Resource Centers

Cornell Cooperative Extension of Cortland County Cortland, New York

CBCAP Grant: \$60,000 (Year II) Local Share: \$19,897..... Total Budget: \$79,897

The Cortland Family and Fun Resource Center (FRC) is a community-based drop-in facility, with emphasis on parent-driven programming. The target population is parents of preschool-age children with parenting education and parent support as the primary focus. Two on-site parent educators encourage appropriate interaction with children and facilitate support among parents. The parents determine formal educational programs, including nutrition, budgeting, job training, and health. Other services available at the FRC through the partnering agencies include a supervised visitation program, health and developmental screenings, health insurance screening, substance abuse screening, etc. The FRC also serves as an information and referral source for all families. The center served 254 families (266 adults and 318 children) in 2005.

Child Care Coordinating Council of the North Country Plattsburgh, New York

CBCAP Grant: \$100,000 (Year II) .. Local Share: \$94,366..... Total Budget: \$194,366

The Child Care Coordinating Council oversees the Adirondack Regional Family Resource Center Network. The four centers: Families First in Elizabethtown (Essex County), Family Matters in Tupper Lake (Southern Franklin County), Families 'R Us in Malone (Northern Franklin County) and Family Connections in Plattsburgh (Clinton County) collaboratively, and with a wide range of participating agencies, offer a broad continuum of services designed to strengthen families and prevent child abuse. Parenting education programs, play & peer support groups, lending resource libraries, wellness clinics and programs, linkage to other needed services, and special family fun-in-learning events are offered to all families in these north-country communities. The four centers also serve as sites for supervised visitation and Parents Anonymous groups in their communities. The strong parental involvement in various center activities plays a key role for the program's continuing progress. The four centers served 895 families (1022 adults and 993 children) during 2005.

Mothers & Babies Perinatal Network of South Central New York, Inc. Binghamton, New York

CBCAP Grant: \$59,600 (Year II) Local Share: \$95,187..... Total Budget: \$154,787

The Parents as Leaders (PAL) and Friends Family Resource Centers is comprised of two Family Resource Centers: The PAL Center, which is located in the city of Binghamton and the Parent Resource Center, located in the Town of Hillcrest, operated by Cornell Cooperative Extension. Both centers are drop-in

community centers for families and caregivers of children, ages 0-5. The FRCs are designed to help parents/other caregivers develop their optimum potential for caring for young children in order to reduce the incidence of child abuse and neglect and to empower families. Each center offers social, recreational, and educational services/activities for both parents and children. This funding supports continuation of the PAL Center and the Hillcrest Family Resource Center, a previously Trust Fund-sponsored center. In 2005, the centers served 463 families (501 adults and 751 children).

Chinese-American Planning Council, Inc.

New York, New York

CBCAP Grant: \$30,000 (Year II) Local Share: \$12,794 Total Budget: \$42,794

Chinese-American Planning Council Family Resource Center (FRC) provides comprehensive services to Chinese families living in the five boroughs of New York City. Focusing on the parenting needs of families as well as the developmental and recreational needs of children, the FRC offered parenting workshops, early developmental screenings, information and referral, social events, respite services, naturalization and English as a Second Language (ESL) classes, in addition to coordinated outreach activities that include a parent newsletter and various field trips. Collaborative efforts with internal agency programs as well as external community-based organizations allow for a broader range of services to be provided. An advisory group with members of the community and parent participants meets regularly to plan and recommend activities and services. Community collaborators include Social Security Administration, PS #42 PTA, Chinatown Health Clinic, NYU Downtown Hospital, Even Start, Lower East Side Family Union, Hamilton House, and Asian American Coalition for Children. The Center reached 146 families (150 adults and 152 children) during 2005.

Child & Family Resources of Ontario and Yates Counties

Geneva, New York

CBCAP Grant: \$38,135 (Year II) Local Share: \$24,099 Total Budget: \$62,234

The Geneva Family Resource Center (FRC) offers services that promote positive parent-child and caregiver relationships, early childhood experiences that encourage the joy of learning and help families reach their goals of self-reliance. Prevention-focused, strength-driven services are offered and incorporate enhanced outreach to Hispanic families. Parenting education and support, early developmental screening, community referrals, and follow-up are provided. Ontario County Community Health Services, Head Start, Ontario County Department of Employment and Training, Healthy Families of the Finger Lakes, and Cornell Cooperative Extension are key collaborators. In 2005, 163 families (182 adults and 199 children) attended Center activities.

Pro-Action of Steuben & Yates, Inc.

Bath, New York

CBCAP Grant: \$100,000 (Year II) . Local Share: \$136,907 Total Budget: \$236,907

The Steuben Enrichment Collaborative comprised of the Woodhull Community Family Resource Center (FRC), Corning's Nonnie Hood Parent Resource Center, Addison's Jennie Mose FRC and Pro Action's Family Development Program targets under/un-served low-income populations in urban and rural sectors of Steuben County. The Centers coordinate vital family support services in predominantly rural communities. The Collaboration extends the geographic reach and scope of the resource centers, and enhances programming through shared staff expertise and resources. Community capacity to achieve common outcomes increases through this partnership, and enhanced parenting education practices and other support services. Services provided by the collaborative include but are not limited to: preschool playgroups, after school programming, adult craft nights, youth activities, school-age Saturday and summer programs, special holiday events, parent education workshops, GED classes, and the literacy tutoring program, community outreach, information and referral, home visiting and emergency food pantry. Key

collaborators include Early Head Start Program, Literacy Volunteers of America, Institute for Human Services, Family Services Society, Steuben Child Care Project, BOCES, Project AGREE, Healthy Families, Community School, the Department of Labor, and the Corning Youth Center, Steuben County Department of Social Services, and the county WIC program and Family Court. The centers reached over 330 families (383 adults and 530 children) during 2005.

**Niagara Falls City School District
Niagara Falls, New York**

CBCAP Grant: \$42,150 (Year IV)... Local Share: \$77,810.....Total Budget: \$119,960

Niagara Falls City School District, the Niagara Falls Housing Authority, two city hospitals, and the Niagara County Department of Social Services are partners in the Niagara Falls Family Resource Network. Utilizing the two existing resource center sites, located at the housing authority and the high school, and several other community sites including two elementary schools, Center for Joy, Francis House, and Packard Court Community Center, family support assistants provided both home-based and site-based services to 108 families (112 adults and 129 children) and the required services to 42 children with special needs during 2005. In addition to drop-in hours, services include education and recreational programs and activities, parenting classes, information and referral, advocacy, resource library, clothes closet, and toy loan program. Linkages to Healthy Families Program, developmental screening, job training, health care, childcare, and transportation are available as needed. The program continued to experience a high level of parent involvement through dissemination of a parent newsletter, parent participation on the Center Council and organizing various program activities.

**Family Service League of Suffolk (FSL)
Huntington, New York**

CBCAP Grant: \$37,500 (Year II).....Local Share: \$59,370Total Budget: \$96,870

The Manor Field Family Center operated by FSL provides critical services to impoverished families in Huntington Station, in Suffolk County. The Center is located in a field house in a public park in the heart of a very poor, predominantly Hispanic neighborhood. The Center provides families with the following services: emergency assistance for food, clothing and other basics, crisis interventions and counseling for urgent family problems, youth services including home work help, parent education and support, vocational counseling and training, and pre-school for 3 and 4 year olds. In addition, the Center offers English as a Second Language (ESL), computer training, family fun trips, workshops on important issues such as immigrant rights, school issues, fire and safety, translation, help with forms for entitlements, adult education, resource and referral, and community organizing and other services as needed. The Center served over 450 families (653 adults and 658 children) during 2005.

**Catholic Charities of Montgomery County
Amsterdam, New York**

CBCAP Grant: \$35,260 (Year II) Local Share: \$8,815.....Total Budget: \$44,075

The Family Room operated by Catholic Charities of Montgomery County served 100 families (104 adults and 164 children) in 2005. Special outreach to teen parents and the Latino community in the city of Amsterdam are a major focus. Services include parent education and support groups, parent resource library, childhood screening, information and referral and special trips and activities. Childcare and children's programs at the Center are provided by Hispanic Outreach Services, another CBO in Amsterdam. The Advisory Council, consisting of parent and service providers, focus on offering services that are addressing the needs of the community.

**Family Resource Centers of Crestwood Children's Center
(formerly Rochester Family Resource Network)**

Rochester, New York

CBCAP Grant: \$56,000 (Year II) . Local Share: \$14,000 Total Budget: \$70,000

The Rochester Family Resource Centers provide comprehensive services to low-income urban families with young children in the city of Rochester. The Network offers parent and early childhood education at five sites in addition to research-based parent education groups, enhancement of early intervention through home visits, teaching advocacy skills in the medical setting, employment preparation and coaching for parents returning to work, social support and literacy development for parents whose primary language in Spanish, and information and referral. Other services include training for parents in leadership and empowerment skills, respite child care for parents experiencing stress, and consultation services to all Family Resource Centers funded by the Trust Fund who are participating in the Program Self-Assessment and Peer Review process as a partnership with the Trust Fund and the Family Resource Center Statewide Network. The project served 528 families (538 parents and 566 children) in 2005.

Cornell Cooperative Extension of Tioga

Owego, New York

CBCAP Grant: \$58,890 (Year II)Local Share: \$83,607Total Budget: \$142,497

The Family Resource Centers of Tioga County are community centers for all families with children ages birth to five. Cornell Cooperative Extension has worked closely with Tioga County Human Services Departments, local school districts, and community agencies to establish the Family Resource Centers in the villages of Waverly and Owego. These funds support and expand the services at both sites. The Family Resource Centers of Tioga County offer nurturing play spaces and meeting areas, provide learning opportunities and resources for children and adults caring for young children. Services include parent education and support, drop-in playtime for families, information and referral, outreach and follow-up. In 2005, the two centers served 242 families (387 adults and 424 children).

North Country Prenatal/Perinatal Council, Inc.

Gouverneur, New York

CBCAP Grant: \$103,000 (Year II)Local Share: \$29,814....Total Budget: \$132,814

The North Country Prenatal/Perinatal Council operates and oversees the Gouverneur Connections, a family resource center located in the rural community of Gouverneur in St. Lawrence County. Services target parents with children birth to 5 years, with the goal of strengthening family health and child development while preventing child abuse and neglect. Core services include information and referral, parent education and support, child development, and health education, complemented by family recreation and community outreach. Families are encouraged to drop-in to the center on a regular basis to play and learn along with other parents and children. The center reached 97 families (104 adults and 107 children) during 2005.

DOMESTIC VIOLENCE PREVENTION EDUCATION PROGRAMS

School-Based Programs

YWCA of Schenectady

Schenectady, New York

CBCAP Grant: \$42,000 (Year II) Local Share: \$14,956.....Total Budget: \$56,956

The YWCA of Schenectady expanded their existing domestic abuse prevention program to include 1st and 2nd grade students in the Schenectady and Schalmont School Districts. The Domestic Education Outreach

project engages youth through classroom presentations, which are multi-media interactive workshops that provide information on physical and emotional abuse, domestic violence, family and social dynamics, communications skills and safety planning. Classroom presentations consist of two forty-five minute sessions conducted by a Domestic Abuse Educator. Workshops focusing on domestic violence prevention and intervention are provided for parents/caregivers and school personnel. In 2005, the program served 1324 children and 152 teachers and community members.

Supervised Visitation Programs

ACCORD

Belmont, New York

CBCAP Grant: \$90,000 (Year II) Local Share: N/A Total Budget: \$90,000

Allegany County Community Opportunities and Rural Development (ACCORD) Corporation provides strength-based and family-centered programs that engage parents, enhance family support, and strengthen family functioning to promote safety, permanency, and child well being. The funds support the operation of the agency's Supervised Visitation Program located in Wellsville, N. Y. The Supervised Visitation Program provides court-ordered supervised visitations to families with a history of domestic violence and/or child abuse that are conflicted over parent-child access. This program is based on the NYS Supervised Visitation Professionals Manual and addresses the specific safety risks with families affected by domestic violence. In addition to supervised visitations, the program also provides assistance in safety planning, parent education, peer support, facilitating the improved interaction between parent and child and linkage to other supportive services. The program served 46 families during 2005.

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WHAT IS A TRUST FUND PROGRAM?

GUIDING PRINCIPLES ... as part of the community it serves, a Trust Fund Program:

- ✦ builds on the strength of families and communities;
- ✦ believes that staff and families should work together as partners;
- ✦ recognizes the importance of participants' involvement in the development and operation of the program;
- ✦ hires staff that are representative of the language and culture of the population to be served;
- ✦ views the need for support as a normal part of the development and life cycle of individuals and families;
- ✦ serves as a bridge between families and other resources within the community, and considers families as valuable resources;
- ✦ offers education and support for families in a warm and non-judgmental environment;
- ✦ increases parents' knowledge of child development and teaches positive methods of behavior management and discipline;
- ✦ enhances the ability of families and individuals to take care of themselves and make informed decisions concerning their future;
- ✦ advocates for improved services for all families; and
- ✦ supports families and individuals to act on their own behalf to become advocates for change.