



## Tell my MOM, Nine months...No Alcohol! She'll be glad she did!

Most women stop drinking as soon as they find out they are pregnant...but alcohol can hurt a unborn baby's developing brain even before a woman knows she is pregnant!

### Alcohol During Pregnancy can create a lifelong brain that...

- ◆ Has trouble moving information from one situation to another
- ◆ Thinks in a disorganized way
- ◆ Has difficulty with time and money
- ◆ Forgets information
- ◆ Can't link cause and effect
- ◆ Responds slowly
- ◆ Uses poor judgment
- ◆ Can't read the emotions or body language of others



<http://www.ccf.ny.gov/FASD/index.cfm>