

Active Play Workshop Session

Learn Fun **Physical** Activities for Young Children

Learn fun, inclusive, developmentally appropriate physical activities that use inexpensive equipment, small spaces, and work well in homes, child care centers and preschool classrooms. View videos of 2-5 year olds engaged in these fun activities and try a few, too!

Childhood Obesity is the Most Prevalent Health Concern Facing Children Under 5 in NY State

We can make a difference as children develop habits in their first 5 years of life by adding active play to the day.

The 3-hour session will be offered by

Diane Craft & Patty Persell

Diane H. Craft, Ph.D., is a professor of physical education at SUNY Cortland. She has co-authored four books on developmentally appropriate, inclusive physical activity for young children including *Active Play! Fun Physical Activities for Young Children*.

Patty Persell is the New York State Head Start Collaboration Director and is working to help eliminate early childhood obesity in the state.

Who should attend: Family Child Care Providers, Home Visitors, UPK, Child Care, Head Start, Nursery School Teachers and Administrators

Call the Southern Adirondack Child Care Network at 798-7972 to enroll in this free session

Washington County Municipal Building B, 383 Broadway, Fort Edward, NY 12828

One session will be held during the day and one in the evening to best meet your schedule.

1:00-4:00PM or
6:00-9:00 PM

You can receive training credit and resources to take back to your program.

