

**Functional Family Therapy (FFT)****Awarded November 2008**

OCFS provided a funding opportunity for providers to submit a bid on the evidence-based program, Functional Family Therapy (FFT). FFT is an outcome-driven prevention/intervention program for youth who have demonstrated the entire range of maladaptive, acting-out behaviors and related syndromes. FFT's programming is short term, easily trainable and documented as being applied successfully to a wide range of problem youth and their families. FFT addresses the multi-determinants of serious anti-social behavior in juvenile delinquents. FFT is designed to increase efficiency, decrease costs and enhance the ability to provide services to more youth. FFT's effectiveness derives from emphasizing factors, which enhance protective factors and reduce risk, including the risk of treatment termination. FFT accomplishes this through its multi-phase program with steps that build upon each other. Each phase has systematic and targeted intervention and assessment activities aimed at accomplishing the goals of each phase.

**The RFP was seeking providers to serve Monroe County and New York City. Cayuga Home for Children was the only contractor that submitted an application for Monroe County and was awarded the contract. Cayuga Home requested \$267,708 in funding to provide this service and was awarded \$221,453 under this performance-based contract.**