

## Health Care Proxy Form

The Patient Protection and Affordable Care Act requires that as part of the transition plan for youth exiting care at age 18, 19, or 20, youth are:

- informed and educated on the importance of designating a person to make health care treatment decisions on his or her behalf should the youth become unable to make health care decisions and if the youth does not have or does not want a family member to make such decisions
- provided with assistance in obtaining and executing a health care proxy if the youth wishes to complete a health proxy form.

The New York State Department of Health provides the health care proxy forms and instructions on completing the form at the following website:

<http://www.health.state.ny.us/forms/doh-1430.pdf>