

# Safe Sleep for Babies

*Infants can die when they are not sleeping safely.*

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*A Baby Sleeps Safest When He or She Is...*

**A**lone  
**B**ack  
**C**rib

Safety-approved crib

On back

Firm mattress, with a Fitted Sheet

No smoking around baby

Sleep clothes, no blanket

Nothing but baby in crib

**Questions? Parent Helpline:  
1-800-CHILDREN (1-800-244-53736)**

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